

Title: Highlight Report – Thriving Lives outcome monitoring

Wards Affected: All

To: Health and Wellbeing Board **On:** 28 January 2020

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Introduction

This paper sets out a draft outcome framework for the Torbay Joint Health and Wellbeing Strategy and seeks agreement to monitoring arrangements which will enable the Board to keep track of progress and initiate remedial action where necessary.

1 Background

1.1 Torbay's Joint Health and Wellbeing Strategy 2018 – 2020 'Thriving Lives' was published at the end of 2018. It represents a joint statement of intent by the Health and Wellbeing Board with an overarching aim of creating 'a healthy Torbay where people and communities can thrive'. There are seven priorities:

- Work together at scale to promote good health and wellbeing and prevent illness;
- Enable children to have the best start in life and address the inequalities in their outcomes
- Build emotional resilience in young people;
- Create places where people can live healthy and happy lives;
- Support those who are at risk of harm and living complex lives, addressing the underlying factors that increase vulnerability;
- Enable people to age well;
- Promote good mental health.

2. What has been achieved in the past six months?

2.1 Members of the Public Health team, in collaboration with partners engaged in the different programme areas, have developed a group of proposed outcome measures for each priority area of the Strategy. Some of these are annual

indicators from the Public Health Outcomes Framework, national Children's or Social Care indicators; others are more local. These have been incorporated into a draft outcomes framework included below.

- 2.2 Some 'process' indicators have also been included, for example numbers trained, or taking part in physical activity. These will help to show progress towards the wider outcomes over time.
- 2.3 The more 'developmental' indicators are those being agreed with newer programmes such as the Over Fifties Assembly and the Imagine This youth partnership. These will be firmed up over the coming months in collaboration with members of the population engaged in these programmes.
- 2.3 The table at the end below shows progress to date against those indicators that are currently measurable. Where possible, national comparisons and trends are shown.

3. What are the blockages?

- 3.1 None identified.

4. What is the planned activity for the next six months?

- 4.1 It is proposed that progress against outcomes is reported to the Health and Wellbeing Board, and relevant partnership groups, on a regular basis.
- 4.2 Members are asked to confirm agreement to the outcome framework and the proposed monitoring arrangements.

Thriving Lives, Torbay Joint Health & Wellbeing Strategy 2018-22: Draft Outcome Framework

Priority area	Goals	Actions	Proposed indicators		Partner forums
			Outcome measures	Process / development measures	
<p>1 Work together at scale to promote good health and wellbeing and prevent illness</p>	<ul style="list-style-type: none"> ➤ More people choosing and enabled to live healthy lifestyles and fewer people unwell ➤ More people living independently in resilient communities ➤ People being supported to have the knowledge, skills and confidence to self-care and better manage their health conditions ➤ The health and care system ready and able to intervene early if necessary. 	<ul style="list-style-type: none"> ➤ Promote: <ul style="list-style-type: none"> ○ MECC (Making Every Contact Count) ○ Directories of service ○ Social Marketing ○ Community Grants ○ Patient Activation ○ Social prescribing ○ Shared decision making ○ HOPE (Helping Overcoming Problems Effectively) ➤ Improve access to: <ul style="list-style-type: none"> ○ lifestyle advice ○ health and lifestyle screening ○ lifestyle services ○ early intervention when someone becomes ill ○ prevention of falls and frailty ○ mental health promotion ○ prevention & control of infection in the community and in care homes. 	<ul style="list-style-type: none"> ➤ Life expectancy gap ➤ Mortality rate from preventable conditions ➤ Adult smoking rate ➤ Alcohol attributable admissions 	<ul style="list-style-type: none"> ➤ MECC training – coverage by sector ➤ HOPE training – coverage ➤ Prevention STP workstream KPIs & outcomes 	<ul style="list-style-type: none"> ➤ Devon STP Prevention Working Group ➤ Torbay & South Devon Local Care Partnership

<p>2 Enable children to have the best start in life and address inequalities in outcomes</p>	<ul style="list-style-type: none"> ➤ Children have the best start in life ➤ Reduced impact on children and families from domestic abuse, alcohol/substance misuse and all forms of child exploitation ➤ Improved education outcomes for all children and young people regardless of where in the Bay they live ➤ Young people being healthy, making positive choices and influencing their own future. 	<ul style="list-style-type: none"> ➤ Children & Young People's Strategic Partnership & Children & Young People's Plan ➤ Integrated service offer for 0-19 years ➤ Focus on addressing the causes and effects of child poverty ➤ Promote healthy lifestyles for all ages across the life course, focusing on children, young people & families. 	<ul style="list-style-type: none"> ➤ Child poverty ➤ Early years good development ➤ Gap between disadvantaged/ non disadvantaged children achieving key stage 2 scores ➤ Child weight ➤ Children in need rate ➤ Children in care / looked after rate 	<ul style="list-style-type: none"> ➤ Smoking in pregnancy ➤ School ages & stages composite scores ➤ Proportion with statement of Special Education Needs support ➤ Vaccination coverage (MMR, HPV) ➤ Indicators from the <i>Imagine This Torbay</i> youth partnership (being agreed) 	<ul style="list-style-type: none"> ➤ Torbay Children and Young People's Strategic Partnership Group ➤ <i>Imagine This Torbay</i> youth partnership
<p>3 Build emotional resilience in young people</p>	<p>More children and young people:</p> <ul style="list-style-type: none"> ➤ experiencing good emotional health and wellbeing ➤ recovering from their emotional health and wellbeing needs ➤ having better physical health and better emotional health and wellbeing 	<ul style="list-style-type: none"> ➤ Torbay Healthy Learning website and social media platform ➤ Coordinated personal health and sex education (PHSE) delivery, training and peer support ➤ 0-19 years integrated service and the Child and Adolescent Mental Health Service 	<ul style="list-style-type: none"> ➤ Self-harm admission rates (10-24 years) 	<ul style="list-style-type: none"> ➤ Pupils with social, emotional and mental health needs 	<ul style="list-style-type: none"> ➤ Torbay Children and Young People's Strategic Partnership Group ➤ Prevention STP Mental Health leads group

	<ul style="list-style-type: none"> ➤ having a positive experience of care and support ➤ having access to high quality support, as close to home as possible ➤ More people having an understanding of emotional health and wellbeing. 	<ul style="list-style-type: none"> ➤ Co-design and co-produce with children and young people who are part of the wider system. 			
<p>4 Create places where people can live healthy and happy lives</p>	<ul style="list-style-type: none"> ➤ Get more people moving ➤ Encourage people to reach & maintain a healthy weight ➤ Promote people drinking sensibly and becoming smoke free ➤ Enable people to be a part of their community and live fulfilled lives ➤ Ensure our planning and housing systems promote health. 	<ul style="list-style-type: none"> ➤ Extend Healthy Torbay programme ➤ Community and voluntary sector wellbeing partnerships ➤ Partnerships with Councillors and community builders in deprived areas ➤ Healthy Weight Action Plan, infant feeding, and school-based holiday hunger ➤ "Torbay on the Move", "Run for your Life" ➤ Torbay Housing Partnership & Housing Strategy Action Plan, fuel poverty. ➤ Tobacco Alliance 	<ul style="list-style-type: none"> ➤ Thriving place index ➤ Physically active adults ➤ Overweight & obese adults 	<ul style="list-style-type: none"> ➤ Park run for juniors & adults 	<ul style="list-style-type: none"> ➤ Torbay Healthy Weight Forum ➤ Torbay Physical Activity Steering Group
<p>5 Support those who are at risk of harm and living complex lives, addressing</p>	<ul style="list-style-type: none"> ➤ Develop services for those most in need based on a "Housing First" approach ➤ Redesign the system to have a more preventative strength-based approach ➤ Focus on transition 	<ul style="list-style-type: none"> ➤ Service re-design ➤ Integrated support offer involving those with lived experience ➤ Rough sleeping and those on the edge of homelessness 	<ul style="list-style-type: none"> ➤ Homelessness rates ➤ Successful drug treatment rates 	<ul style="list-style-type: none"> ➤ Domestic abuse, crimes & incidents ➤ Alcohol related hospital admissions 	<ul style="list-style-type: none"> ➤ Multiple Complex Needs Programme Board

<p>the underlying factors</p>	<ul style="list-style-type: none"> ➤ Support young adults with complex needs to live independently ➤ Quality workforce. 	<ul style="list-style-type: none"> ➤ People with complex learning disabilities and mental health needs closer to home ➤ Integrate mental health and primary care into community settings ➤ Holistic support for families with parental mental ill health and/or substance misuse. 	<ul style="list-style-type: none"> ➤ Successful alcohol treatment rates 		<ul style="list-style-type: none"> ➤ Devon STP Multiple Complex Needs Group
<p>6 Enable people to age well</p>	<ul style="list-style-type: none"> ➤ Enable isolated older people to feel (re)connected with friends, communities & activities ➤ Support older people to feel their lives have value and purpose as life changes, being able to contribute ➤ High personal, learning and service aspirations for later life ➤ Ageing is viewed positively & older people are valued ➤ Older people remain independent & receive high quality strengths based support. 	<ul style="list-style-type: none"> ➤ Review & extend the benefits of the Ageing Well programme ➤ More extra care and supported flexible accommodation ➤ Shape the care home and care market & provide more dementia and nursing provision ➤ Test the technological solutions that enable people to stay at home and remain independent ➤ Support the independent care workforce to be "Proud to Care" and design new roles ➤ Creative housing solutions and changing care settings contribute to the regeneration and vision for our town centres. 	<ul style="list-style-type: none"> ➤ Proportion (of individuals & carers) reporting sufficient social contact ➤ Portions feeling supported to self-manage conditions ➤ Living in fuel poverty ➤ Falls & fractures rates 	<ul style="list-style-type: none"> ➤ Use of good end of life care practice & training ➤ Falls prevention coverage ➤ Frailty proportions (severe, moderate, mild) ➤ Oral health status ➤ Vaccination coverage (flu, shingles) ➤ Estimated dementia diagnosis rates ➤ Indicators associated with Age-Friendly 	<ul style="list-style-type: none"> ➤ Ageing Well Programme Board ➤ Torbay Over Fifties Assembly

				Torbay (in time)	
7 Promote good mental health	<ul style="list-style-type: none"> ➤ Services are in the right place at the right time ➤ Cohesive & joint strategic approach to all-age mental health ➤ Identify and acknowledge the wider determinants that affect mental health and wellbeing ➤ Strong focus on preventing mental ill health ➤ Support individual resilience. 	<ul style="list-style-type: none"> ➤ Making Every Contact Count (MECC) and Making Every Contact Count in Mental Health (Connect 5) training in front-line services, community and voluntary sector ➤ Menu of services within the statutory and voluntary sector supporting individuals with low level mental health to prevent escalation and crisis ➤ 5 Ways to Wellbeing social marketing campaign ➤ Public Mental Health Concordat action plan ➤ Support organisations & communities to address issues around mental ill health within their town or setting ➤ Ensure the learning from local ways of working (such as the community-led work in Brixham) is shared and makes a sustainable real difference ➤ Torbay multi-agency Suicide and Self-harm Prevention plan. 	<ul style="list-style-type: none"> ➤ Self-reported wellbeing / happiness score ➤ Suicide rate 	<ul style="list-style-type: none"> ➤ Campaign & training uptake / coverage & impact ➤ 	<ul style="list-style-type: none"> ➤ Devon and Torbay Suicide Network ➤ Devon STP MH leads group

Joint Health and Wellbeing Strategy Outcomes Table- Torbay, January 2020

Number	Measure	Time period	Type	Torbay	Similar areas ¹	Devon wide (STP ²)	England	Trend of previous figures	RAG rating compared to England/goal ³	Direction of travel since previous figure
Prevention: Work together at scale to promote good health and wellbeing and prevent illness										
1	Life expectancy gap in males	2015-17	Years	9.3	10.2	7.8	9.4		Middle quintile	
2	Life expectancy gap in females	2015-17	Years	6.3	8.3	5.7	7.4		Middle quintile	
3	Adult smoking rate	2018	%	16.0%	14.2%	15.5%	14.4%			
4	Alcohol related ill health- Hospital attributable admissions (broad)	2017/18	Per 100,000	2,248	2,486	2,039	2,224			
5	Mortality rate from preventable conditions	2016-18	Per 100,000	214.8	206.3	195.8	180.8			
Enable children to have the best start in life and address the inequalities in their outcome										
6	Smoking in pregnancy rate	2018/19	%	13.3%	13.9%	11.7%	10.6%			
7	Breastfeeding initiation	2016/17	%	72.0%	65.9%	70.5%	74.5%			
8	Child poverty	2016	%	21.2%	18.1%	15.4%	17.0%			
9	Children who score at or above the expected level in all 5 areas at 2 - 2.5 years (Ages and Stages Questionnaire)	2018/19	%	87.2%	83.5%	72.6%	84.1%			
10	Early years good development (at the end of reception)	2017/18	%	70.4%	71.6%	70.6%	71.5%			
11	Difference between school % of disadvantaged pupils and national % of other pupils achieving an expected score in reading, writing and maths (Key Stage 2)	2018	%	19%	South West- 23%	22%				
12	Pupils with statement of Special Educational Needs (SEN) support	2019	%	12.30%	13.11%	13.27%	11.90%			
13	Children overweight or obese in year 6 ⁴	2018/19	%	35.2%	34.3%	29.3%	34.3%			
14	Children in Need rate	2019	Per 10,000	419.7	446.15	356.33	334.2			
15	Children in care/ looked after rate	2019	Per 10,000	142	104.07	90.33	65			
16	Population vaccination coverage- MMR for two doses (5 years old)	2018/19	%	93.3%	90.7%	92.4%	86.9%			

Number	Measure	Time period	Type	Torbay	Similar areas ¹	Devon wide (STP ²)	England	Trend of previous figures	RAG rating compared to England/goal ³	Direction of travel since previous figure
17	Population vaccination coverage- HPV vaccination coverage for two doses (females 13-14 years old)	2017/18	%	77.4%	87.5%	80.7%	83.8%		●	↓
Build emotional resilience in young people										
18	School pupils with social, emotional and mental health needs	2018	%	4.26%	2.63%	3.79%	2.39%		●	↓
19	Self harm rates- hospital admissions (10-24 years)	2017/18	Per 100,000	949.2	579.4	749.7	421.2		●	↑
Create places where people can live healthy and happy lives										
20	Physically active adults	2017/18	%	70.7%	64.7%	70.7%	66.3%		●	↑
21	Parkrun for adults- Number of participants	2018 (Whole yr)	Number	3,771				No trend		
22	Parkrun for juniors- Number of participants	2018 (From Nov)	Number	402				No trend		
23	Thriving place index- Scorecard results for local conditions	2019	Score 0-10	4.82		4.98		No trend	Medium	↑
24	Overweight or obese adults	2017/18	%	59.8%	65.3%	62.4%	62.0%		●	↓
Support those who are at risk of harm and living complex lives , addressing the underlying factors that increase vulnerability										
25	Domestic abuse crimes and incidents	2018/19	Number	3,712						↑
26	Homelessness rates (Households where relief duty ended) ⁵	2018/19	Per 1,000 households	7.18				No trend		
27	Successful drug treatment rates	2017	%	7.5%	5.8%	7.0%	6.5%		●	↓
28	Successful alcohol treatment rates	2017	%	45.7%	37.4%	36.9%	38.9%		●	↑
29	Harmful alcohol use- Hospital admissions for alcohol related conditions (narrow)	2017/18	Per 100,000	788	735	677	632		●	↓
Enable people to age well										
30	Proportion of people who use services who reported that they had as much social contact as they would like	2018/19	%	51.8%	46.3%	46.7%	45.9%		●	↑
31	Proportion of carers who reported that they had as much social contact as they would like	2018/19	%	32.4%	34.5%	27.2%	32.5%		●	↓

Number	Measure	Time period	Type	Torbay	Similar areas ¹	Devon wide (STP ²)	England	Trend of previous figures	RAG rating compared to England/goal ³	Direction of travel since previous figure
32	Feel supported to manage own condition	2017/18	%	61.9%	60.9%	61.7%	59.6%	No trend		
33	Fuel poverty	2017	%	12.6%	11.6%	12.0%	10.9%		○	↑
34	Population vaccination coverage - Flu (at risk individuals)	2018/19	%	47.2%	49.5%	48.4%	48.0%		●	↓
35	Population vaccination coverage - Flu (aged 65+)	2018/19	%	71.5%	73.0%	72.2%	72.0%		●	↓
36	Population vaccination coverage - Shingles vaccination coverage (70 years old)	2017/18	%	42.7%	43.9%	46.8%	44.4%		●	↑
37	Emergency hospital admissions due to falls in people aged 65 and over	2017/18	Per 100,000	2,071	2,242	1,932	2,170		●	↑
38	Hip fractures in people aged 65 and over	2017/18	Per 100,000	560	To be added		578	To be added	●	
39	Dementia- estimated diagnosis rate (aged 65 and over)	2019	%	62.8%	70.4%	59.6%	68.7%		●	↔
Promote good mental health										
40	Self reported wellbeing- high happiness score	2015/16	%	74.1%	73.8%	75.6%	74.7%		Middle quintile	↑
41	Campaigning uptake/impact			Fig to be added						
42	Training numbers			Fig to be added						
43	Suicide rate	2016-18	Per 100,000	19.5	11.9	13.4	9.6		●	↑

¹Similar areas - Amalgamation of statistical nearest neighbours

²Sustainability and Transformation Partnership

³RAG (Red, amber, green) rating:

● Torbay value is statistically significantly worse than the England value/ worse compared to the goal

● Torbay value is not statistically significantly different to the England value/ similar compared to the goal

● Torbay value is statistically significantly better than the England value/ better compared to the goal

○ No statistical significance calculated

⁴2017/18 value not published for data quality reasons

⁵The 'relief duty' requires Local Authorities (LAs) to help people who are homeless to secure accommodation. The duty applies when the LA is satisfied that the applicant is both homeless and eligible for assistance. The introduction of the Homelessness Reduction Act has changed the criteria by which clients are entitled to assistance as well as the duties places on LAs to assist clients threatened with homelessness. Therefore there is no trend data. No national rates calculated, data is locally calculated

Key

No.	Name of measure/ Benchmarking against goal
1	A02a- Inequality in life expectancy at birth (Male)
2	A02a- Inequality in life expectancy at birth (Female)
3	Smoking prevalence in adults- current smokers (APS)
4	9.01- Admission episodes for alcohol-related conditions (Broad) (Persons)
5	E03- Mortality rate from causes considered preventable
6	C06- Smoking status at time of delivery
7	2.02i- Breastfeeding initiation
8	1.01ii- Children in low income families (under 16s)
9	Percentage of children at or above expected level of development in all five areas of development at 2-2½ years- Ages and Stages Questionnaire (ASQ-3)
10	B02a- School Readiness: the percentage of children achieving a good level of development at the end of reception
11	Difference between school % of disadvantaged pupils and national % of other pupils achieving an expected score in reading, writing and maths (Key Stage 2)
12	Percentage of pupils with Statement of Needs (SEN) support (All schools)- as of 31 January of the year
13	C09b- Year 6: Prevalence of overweight (including obesity)
14	Children in need: Rate per 10,000 children aged <18- data as of 31 March of the year
15	Children in care: Children looked after at 31 March (rate per 10,000 population aged under 18 years)- data as of 31 March of the year
16	D04c- Population vaccination coverage- MMR for two doses (5 years old). Benchmarking against goal- <90%= red, 90%-95%= yellow, ≥95%= green
17	D04f- Population vaccination coverage- HPV vaccination coverage for two doses (females 13-14 years old). Benchmarking against goal- <80%= red, 80%-90%= amber, ≥90%= green
18	School pupils with social, emotional and mental health needs: % of school pupils with social, emotional and mental health needs (School age)
19	Hospital admissions as a result of self-harm (10-24 years)
20	Percentage of physically active adults
21	5k Torbay parkrun (Saturday mornings)
22	2k Junior parkrun (Sunday mornings)
23	Thriving Places Index- Scorecard for local conditions
24	C16- Percentage of adults (aged 18+) classified as overweight or obese
25	Domestic abuse crimes and incidents
26	Homelessness rates: New homeless cases at Relief stage
27	C19a- Successful completion of drug treatment- opiate users
28	C19c- Successful completion of alcohol treatment
29	C21- Admission episodes for alcohol-related conditions- narrow
No.	Name of measure/ Benchmarking against goal

No.	Name of measure/ Benchmarking against goal
30	ASC Outcomes Framework 1i(1)- Proportion of people who use services who reported that they had as much social contact as they would like
31	ASC Outcomes Framework 1i(2)- Proportion of carers who reported they has as much social contact as they would like
32	NHS Outcomes Framework 2.1- Feel supported to manage own condition
33	B17 Fuel poverty
34	D05 - Population vaccination coverage - Flu (at risk individuals). Benchmarking against goal- <55%=red, ≥55%= green
35	D06a - Population vaccination coverage - Flu (aged 65+). Benchmarking against goal- <75%= red, ≥75%= green
36	D06c- Population vaccination coverage - Shingles vaccination coverage (70 years old). Benchmarking against goal- <50%= red, 50%-60%= amber, ≥60%= green
37	2.24i-Emergency hospital admissions due to falls in people aged 65 and over
38	E13- Hip fractures in people aged 65 and over
39	Estimated dementia diagnosis rate (aged 65 and over). Benchmarking against goal- <66.7%(significantly)= red, similar to 66.7%= amber, ≥66.7%(significantly)= green- as in March of the year
40	Self-reported well-being- high happiness score: % of respondents
41	Campaign uptake/ impact
42	Training numbers
43	4.10- Suicide rate